

How Much Do You Know About Ticks?

First Some Background Information - Place an 'X' or write on the lines that apply to you

1. Are you a MALE or FEMALE

2. How old are you? years

3. What outdoor activities do you participate in?

Hiking Picnicking Fishing Camping

Frisbee Golf Soccer Baseball Swimming

Running Soccer Other (Specify) _____

4. Do you know anyone who has gotten a disease from a tick?

YES NO I Don't Know

5. Have you ever had a tick attach itself to you?

YES NO I Don't Know

6. What have you used to prevent tick bites?

Tick repellent Wearing light colored clothes outside

Avoiding places where there are ticks Natural oils NONE

Tick checks Permethrin (Clothing pre- treatment)

OTHER _____

7. Which of pets do you have?

Cat Dog Both Neither

Other _____

8. I have learned about ticks before in school or somewhere else.

___ YES _____ NO _____ I Don't Know

What Do You Know?

Directions: Circle or write in your answer

9. Besides avoiding areas where ticks are, the most effective method for preventing tick bites is:

- (A) Use a repellent
- (B) Wear light colored clothing
- (C) Use a repellent with natural oil
- (D) Permethrin treated clothing
- (E) A and D
- (F) B and C

10. Lyme disease is:

- (A) A disease spread by ticks
- (B) A disease spread by mosquitoes
- (C) A disease spread by spiders
- (D) A disease like cancer or diabetes

11. Tweezers should be used for properly removing ticks.

- (A) True
- (B) False

12. Ticks most commonly attach where?

- (A) Head and in between your legs
- (B) Head and back
- (C) Legs and in between your legs
- (D) Legs and ankles

13. Ticks most active between:

- (A) April - September
- (B) May - July
- (C) May - August
- (D) April - July
- (E) Do not know

14. Where are ticks most often found?
 (A) Open environments (grass, trees, and shrubs)
 (B) On animals
 (C) Do not know

What Do You Think?

Directions: Place an 'X' in the box which shows how much you agree with the statement

Question	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
I believe tick repellents work.					
I cannot avoid catching a disease from a tick.					
There are no ticks with diseases in my area.					
Tick repellents can make me sick.					
If I wear light colored clothing, check for ticks, and wear repellent I can protect myself.					
I believe it is safe to use my fingers to remove a tick.					

Directions: Place an 'X' in the box which shows how much do the action described.

Action	Almost Never	Sometimes	Almost Always
In areas where there might be ticks I wear tick repellent.			
I play or participate in outdoor activities where there might be ticks.			
I wear light colored clothes, long sleeves and pants when I know there might be ticks.			
After being in an area where there might be ticks I wash my clothes.			
I check myself for ticks.			
I avoid places where there might be ticks.			
I remove ticks with a tweezer and clean the area with disinfectant.			

Thanks for answering some questions!